



## Summer Cold Afternoon Tea Menu

WEEK 1	Item 1	Item 2	Item 3	Item 4	Item 5
Monday	Veg pancakes	Chicken thigh strips	Cheese stars	Oaty choc chip cookie	Mini apple
Tuesday	Build your own rolls	Tuna mayo	Little gem strips	Cucumber batons	Strawberry chunks & grape halves
Wednesday	Cherry tomato and green pesto pasta salad	breadsticks	Sour cream & chive dip	Carrot batons	Orange Smile
Thursday	Laughing cow cheese triangle	Crackers	Cherry tomato halves	Sweet potato & quinoa bites	Watermelon Triangle
Friday	Rainbow rice salad	Ham slice	Carrot hummus	Baked tortilla triangles	Melon chunks

WEEK 2	Item 1	Item 2	Item 3	Item 4	Item 5
Monday	Cold cheese & tomato wholemeal Pizza slice	Egg wedges	Cucumber batons	Beany Hummus	Watermelon triangle
Tuesday	Cheese scone	Cold sausage slices	Homemade tomato ketchup	Sweetcorn	Pineapple chunks
Wednesday	Oatcakes	Turkey meatloaf	Soft cheese spread	Carrot batons	Banana, avocado & apple muffin
Thursday	Savoury veg muffin	Tuna Mayo	Diced rainbow peppers	Rice Cakes	Kiwi, blueberries & banana shot
Friday	Wraps (build your own)	Grated cheese	Cherry tomato halves	Sultanas	Clementine

WEEK 3	Item 1	Item 2	Item 3	Item 4	Item 5
Monday	Purple beetroot Giant Cous Cous	Squash feta & spring onion muffin	Carrot hummus	Rainbow veg batons	Honeydew melon wedge
Tuesday	Pea Pesto Pasta salad	Tomato bread fingers	Cream cheese	Orange smile	Sweet potato biscuits
Wednesday	Wraps (build your own)	Tuna & sweetcorn mayo	Diced rainbow peppers	Strawberry choc chip cookie	Grape halves
Thursday	Tortilla (potato & onion)	Cold sausage slices	Homemade tomato ketchup	Cheese stars	Mixed fruit salad
Friday	Courgette loaf	Roast chicken strips	Beetroot dip	Carrot oat bites	Pear